



# ELEMENTARY LUNCH MENU

# AUGUST 2022



**BREAKFAST & LUNCH  
ARE FREE FOR ALL  
STUDENTS!**

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**LUNCH  
SERVED EVERY DAY  
WITH YOUR CHOICE OF:  
1% White or  
Nonfat Chocolate Milk**

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| <p>8<br/>Grilled Cheese Sandwich</p> <p>Baby Carrots<br/>Golden Corn</p> <p>Whole Nectarine</p>      | <p>9<br/>Cheeseburger<br/><small>(Hamburger option is available)</small></p> <p>Steamed Broccoli<br/>Potato Wedges</p> <p>Whole Apple</p> | <p>10<br/>Chicken Double Dog</p> <p>Baby Carrots<br/>Cucumber Coins</p> <p>Whole Peach</p>    | <p>11<br/>Fajita Chicken<br/>Brown Rice</p> <p>Pinto Beans<br/>Celery Sticks</p> <p>Apple Slices</p>   | <p>12<br/>Galaxy Cheese Pizza</p> <p>Garden Side Salad<br/>Green Beans</p> <p>Mixed Berries Cup<br/>Raisins</p>              |
| <p>15<br/>Chicken Nuggets</p> <p>Baby Carrots<br/>Green Beans</p> <p>Whole Nectarine</p>             | <p>16<br/>Mozzarella Cheese Sticks w/<br/>Marinara Sauce</p> <p>Cucumber Coins<br/>Pinto Beans</p> <p>Whole Apple</p>                     | <p>17<br/>Crispy Chicken Sandwich</p> <p>Baby Carrots<br/>Golden Corn</p> <p>Whole Peach</p>  | <p>18<br/>Mini Cheeseburger Sliders</p> <p>Steamed Broccoli<br/>Potato Wedges</p> <p>Apple Slices</p>  | <p>19<br/>Cheese PizzaBoli</p> <p>Garden Side Salad<br/>Steamed Carrots</p> <p>Strawberries Cup<br/>Raisins</p>              |
| <p>22<br/>Bean &amp; Cheese Burrito</p> <p>Baby Carrots<br/>Golden Corn</p> <p>Whole Nectarine</p>   | <p>23<br/>Rib-B-Que Sandwich</p> <p>Cucumber Coins<br/>Mixed Vegetables</p> <p>Whole Apple</p>  | <p>24<br/>Chicken Tenders</p> <p>Celery Sticks<br/>Potato Wedges</p> <p>Whole Peach</p>       | <p>25<br/>Grilled Chicken Sandwich<br/>w/ Yellow Cheese</p> <p>Steamed Broccoli<br/>BBQ Homemade Beans</p> <p>Apple Slices</p>   | <p>26<br/>Stuffed Turkey Pep. Sandwich</p> <p>Garden Side Salad<br/>Steamed Carrots</p> <p>Mixed Berries Cup<br/>Raisins</p> |
| <p>29<br/>Mini Cheeseburger Sliders</p> <p>Baby Carrots<br/>Potato Wedges</p> <p>Whole Nectarine</p> | <p>30<br/>Chicken Enchilada Empanada</p> <p>Cucumber Coins<br/>Pinto Beans</p> <p>Whole Apple</p>   | <p>31<br/>Chicken Pretzel Dog</p> <p>Baby Carrots<br/>Steamed Broccoli</p> <p>Whole Peach</p> | <div style="border: 2px solid green; padding: 10px;"> <h2 style="margin: 0;">2022-23 MEAL APPLICATIONS</h2> <p style="margin: 5px 0;"><b>Now accepting applications<br/>online or in person at the<br/>District Office!</b></p> <p style="font-size: small;">Apply online for Free<br/>or Reduced Meals!</p> <p style="font-size: small;">Or visit <a href="http://www.chino.k12.ca.us">www.chino.k12.ca.us</a></p> </div> |  |



**Choose at least 3 including:**

- 1/2 Cup of **Fruits or Vegetables**
- **At Least 2 Other Food Items**

*Remember to take at least 1 fruit with every breakfast!*



**Chino Valley USD Nutrition Services**  
Visit the Nutrition Services Webpage at [www.chino.k12.ca.us](http://www.chino.k12.ca.us)  
for information on menus, breakfast, nutrition facts, and more!

- \* Menu is subject to change without notice.
- \* This institution is an equal opportunity provider.

\*\*Contains Pork